

Hi Friends of the Community Senior Center of Huntington, Richmond and Bolton,

English Country Dance Fans, please take note: Beginner-friendly English Country Dance Classes at the Richmond Free Library. The classes are open to all ages, from teens on up. Here is the Description:

BEGINNER-FRIENDLY ENGLISH COUNTRY DANCE CLASSES, AIR CONDITIONED! Mondays, August 7, 14, 21, 28, 2017. 7pm to 9pm **Richmond Free Library** 201 Bridge St., Richmond, VT ***Best suited for teens and adults with the ability to walk briskly and count to 8.*** Bring clean, flat-soled shoes with some traction; avoid flip-flops/mules, high or narrow heels, and hard, slick soles, please. Dress comfortably and casually, and be aware that you can get quite warm. Taught by Val Medve (Aug. 7, 14, 28) and Wendy Gilchrist (Aug. 21) to recordings. \$3-\$5 at the door (pay what you can) (no advance registration) Attend as many or as few classes as your schedule allows.

Info: val.medve@gmail.com or 802-899-2378

Website: www.burlingtoncountrydancers.com

SAVE THE DATE:

Old Cemetery Tour - Saturday, August 19 at 10:00 AM (Rain date: Sunday, August 20 at 2:00 PM) Sponsored by the Richmond Historical Society and the Community Senior Center. Richmond's oldest cemetery lies hidden in a peaceful grove between Cemetery and Hinesburg Roads. It is a lovely secluded resting place, but it needs some help. The marble gravestones are weather-beaten and stained; many are broken, fallen or about to fall. Join Richmond Historical Society Board members Deborah Hardy, Martha Turner and Karen Yaggy for a tour of this historic cemetery as well as a brief presentation about what can be done to restore the gravestones. After the program, attendees are invited to begin the preservation effort by spritzing some of the gravestones with a specially formulated cleaning solution. Admission is free, but donations to help cover the cost of the cleaning solution are welcome. Meet at the Old Round Church to carpool to the cemetery, and please wear sturdy shoes as the cemetery path may have some muddy spots. For more information, contact Martha Turner at (802) 434-6453 or rhs@oldroundchurch.com.

Don't miss swimming at Alison's Aquatic School. Alison Anand is offering us a special senior session each **Thursday** from **12:30 PM to 1:30 PM** at her pool at **3103 Huntington Road in Richmond**. Ms. Anand will be on hand for each session. Participants are welcome to just relax and/or swim for exercise, OR to take advantage of Ms. Anand's skill and experience, and get help with stroke improvement, etc. The cost to participants will be \$2.00 per session per person, with a **rain date** on **Friday** from **12:30 PM to 1:30 PM**. Alison will have a recorded message at 434-2311 if you are wondering if the pool is open because of weather. For more information, for questions or to sign up, please contact me at martha3@gmavt.net

The **West Bolton Golf Club** opportunity takes a break this week. The two remaining sessions will be held [August 16](#) and [23](#), all beginning at 11 AM. This \$35 per session **golf experience** just for the Community Senior Center of Richmond, Huntington and Bolton includes:

11:00 AM-- 1 hour Golf Clinic

12:00 Noon-- Lunch

After Lunch-- 9 holes of Golf, Cart included

Please let Roger Pedersen know if you are interested or have any questions, rogerped41@gmail.com 434-4035.

Community Senior Center board member Doris Wheelock leads the dinner preparation for this week's **Friday Food Affair**. A night of community interaction and great food! If you have never attended, you should this week. From 5:00 PM - 7:00 PM, dinner is available at the Richmond Congregational church. Donations are appreciated to cover the cost of the dinner preparation, but not expected. Menu for this week includes; Maple glazed ham, Vegan baked beans, Potatoes and Green Beans, Panera Bread, Desserts.

The Special Opportunity to enjoy Tom Collins' Serenity Daylilies was wonderful. If you would like to see a short "video" of the experience, visit the Community Senior Center's website <http://www.cscvt.org/field-trips.html> or visit the Facebook page at Community Senior Center of Richmond, Huntington and Bolton, VT.

Please let us know if you have ideas for additional activities! Everything we do comes from your ideas and suggestions.

See the schedule below for this week's activities.

Yours in staying active all year long,
Martha

Weekly Schedule of Activities for the week beginning [Monday, August 7](#) and ending [Sunday, August 13](#)

[MONDAY--AUGUST 7](#)

PICKLEBALL

Monday, August 7: 8:00 AM-10:00 AM at the **Recreation Field in Huntington**. Players should bring water and a chair. Let Deborah Worthley deborah.worthley@uvm.edu know if you are interested. Small donation.

BONE BUILDERS

Monday, August 7: 10:00 AM -11:00 AM At Richmond Congregational Church Fellowship Hall, 20 Church Street. Please let Martha martha3@gmavt.net know if you are interested or have questions. There is very little parking on Church Street, please use the Richmond Town Center Parking Lot and walk across Bridge Street to the Congregational Church. No charge.

ENGLISH COUNTRY DANCE

Monday, August 7: 7:00 PM - 9:00 PM At Richmond Free Library. See above for details. Charge.

TUESDAY--AUGUST 8

FRENCH CONVERSATION

Tuesday, August 8: 8:30 AM-10:00 AM, under the leadership of Cathy Plas in the Richmond Town Center Community Meeting Room. Contact martha3@gmavt.net with questions. Never too late to join in. No Charge.

HIKING

Tuesday, August 8: 9:30 AM. Meet at Volunteers Green to carpool. Ian Stokes Leader Old Jericho Road to Snipe Ireland Road Total distance 2.8 miles. Climb gradually from 500 ft to 1020 feet, then down to 650 feet elevation. Meet at Volunteers' Green at 9:30, car pool to Southview. We'll start on Old Jericho Road, then follow an old road to Snipe Ireland Road, passing a cellar hole at the high point (1020 feet). Note: plan is to pre-position car(s) at Snipe Ireland Road and drive back to Richmond, so it's very important to know the number of hikers in advance – by **Monday** evening. Email Ian at istokes@gmavt.net if you are planning to hike. Bring water, snack, rain jacket and good shoes/boots. Weather forecast (as of **August 4th**): A 30 percent chance of showers. Partly sunny, with a high near 72 (low humidity). Calm wind becoming north around 5 mph in the afternoon. No Charge.

RUG HOOKING

Tuesday, August 8: 10:00 AM. Rug Hooking with the Richmond Rug Hooking Group at the Richmond Catholic Church Parish Hall. Please contact Martha at martha3@gmavt.net if you are interested. No Charge.

GENEALOGY GROUP

Tuesday, August 8: 1:30 PM. In the Richmond Free Library. We will focus on using Internet resources to do family research. If you have one, please bring your laptop or other device. (No need to sign up.) Have questions? Let martha3@gmavt.net know. No Charge.

MAH JONG

Tuesday, August 8: 3:00 PM. Meet in the Richmond Free Library Mezzanine. Jan Sibal is the Leader. Please let Jan know if you have questions jsibal@gmavt.net No Charge.

CROQUET

Tuesday, August 8: 6:00 PM. At Brown's Court, Richmond. Bring your friends and your croquet set if you have one. Please contact Peggy Curtis with questions at peggyratcliffecurtis@gmail.com. 434-4353. No Charge.

WEDNESDAY--AUGUST 9

HIKING

Wednesday, August 9: 9:30 AM. Meet at Volunteers Green Hike with Carlene Squires (434-2533 or carlene@gmavt.net) This week's hike will begin at the VYCC parking lot. The hike is two miles long and will take 1 1/2 hours to complete. There is a short ascent near the starting point. We will pass fields filled with vegetable crops and wild blackberry bushes loaded with ripening berries. Bring water and food and rain jacket. Rain will cancel the outing. No Charge.

BONE BUILDERS

Wednesday, August 9: 10:00 AM -11:00 AM at the Richmond Congregational Church Fellowship Hall, 20 Church Street. Please let Martha martha3@gmavt.net know if you are interested or have questions. There is very little parking on Church Street, please use the Richmond Town Center Parking Lot and walk across Bridge Street to the Congregational Church. No Charge.

GOLF AT WEST BOLTON

No Golf this week. Resumes August 16 Please let Roger Pedersen know if you are interested in sessions or have any questions. rogerped41@gmail.com 434-4035. Fee.

PICKLEBALL

Wednesday, August 9: 6:00 PM - 8:00 PM At Bolton Valley Sports Complex. Must pay a \$10 membership to use the facility, good through **August 31**. Contact Keith Chase kchasebolt@gmavt.net with questions. Fee.

THURSDAY--AUGUST 10

CURRENT STATE OF THE WORLD

Thursday, August 10: 10 AM-12:00 PM In Richmond Free Library Mezzanine. Discussion series led by Sandy Baird concerning the **Current State of the World**, concentrating on economic, political and social issues. Contact Peggy Curtis peggyratcliffecurtis@gmail.com, 434-4353 with questions. No Charge.

SWIMMING

Thursday, August 10: 12:30 PM- 1:30 PM At Alison Anand's Aquatic School Pool **3103 Huntington Road in Richmond**, relax and/or swim for exercise, OR to take advantage of Ms. Anand's skill and experience, and get help with stroke improvement, etc. **Fee \$2.00 per session per person.**

BRIDGE-EXPERIENCED

Thursday, August 10: 4:00 PM-5:50 PM In Richmond Free Library. Some experience recommended. Contact [Ike Patch isaacpatch@gmail.com](mailto:isaacpatch@gmail.com) if you are interested and/or have questions. No Charge.

FRIDAY--AUGUST 11

NORDIC WALKING

Friday, August 11: 11:00 AM Meet at Volunteers Green in Richmond. Contact martha3@gmavt.net or **434-3220 with questions**. Come dressed for the weather, with sturdy walking shoes or hiking boots and with a pair of walking poles. No Charge.

FRIDAY FOOD AFFAIR

Friday, August 11: 5:00 PM-7:00 PM Richmond Congregational church, 20 Church Street, Richmond. Dinner preparation inspired and led by Community Senior Center's Doris Wheelock. See above for menu. Donations accepted but **not** expected.

SATURDAY--AUGUST 12

No Activities Scheduled

SUNDAY--AUGUST 13

No Activities Scheduled